

were all very busy and intent upon their work. Some wore uniform, some not. The uniform consisted of a brown or grey costume and white apron, bearing the Red Cross, the badge of their noble profession. The Sister Superior was most courteous and charming.

A feature of the equipment of the ship is the large number of small boats which she carries, and which are so designed that they can accommodate as many as fifty passengers. Launches are provided for towing these boats, so that while a naval battle is in progress they can proceed to the succour of the wounded and drowning.

The ship provides separate rooms for thirty officers, and in the general quarters for 450 of the rank and file.

We left her after a most interesting visit, with many mutual expressions of goodwill. One can but hope that this terrible war will soon be at an end, and the spectacle of two civilised nations engaged in slaughtering one another will no longer oppress the world. Surely, the time has come when nations should settle their differences by some less barbarous method than force of arms.

SISTER AFRICANUS.

Nurse's Worry and Suicide.

At the West Ham Union on Saturday, Dr. Ambrose held an inquest on Frances Chapman, forty-six, a nurse attached to the institution.—A brother said she had never threatened to take her life, but had undergone an operation which distressed and worried her a good deal.—Dr. Vaile said that death was due to opium poisoning, and the jury returned a verdict of "Suicide whilst of unsound mind."

Professional Reviews.

PRACTICAL NURSING.

Many nurses will be glad to know that this admirable nursing manual, by Miss Isla Stewart, Matron of St. Bartholomew's Hospital, and Dr. Herbert E. Cuff, F.R.C.S., Medical Superintendent of the North-Eastern Hospital, Tottenham, originally published in two parts, can now be obtained in a single volume, price 5s. net. It is published by William Blackwood and Sons, Edinburgh and London. It is a book which is sure to be widely appreciated, and we commend it to the attention of all nurses.

A MANUAL OF HYGIENE.*

The second edition of Dr. Glaister's admirable textbook has just made its appearance. It is written in very pleasant style, and the chapters, fifty in number, are short. The whole subject of hygiene is covered by the writer, and nothing of importance seems to have been omitted. We heartily commend this well-appointed volume to those of our readers desirous of refreshing their memories on matters relating to sanitary science. The author has brought the subject thoroughly well up to date, and accordingly this textbook may safely be adopted by nurses preparing for examination. The volume is printed in specially clear type, and is well illustrated by numerous diagrams all of practical value. It will, no doubt, continue to be regarded as one of the best introductory manuals of hygiene ever published in this country.

* A Manual of Hygiene for Students and Nurses. By John Glaister, M.D., D.P.H.(Camb.). Second Edition. 6s. net. Edinburgh: W. and S. Livingstone.

New Preparations, Inventions, &c.

SANITAS.

Of making many disinfectants there is no end. Nevertheless, some of those which have become household words with us still maintain their place in our favour, and in most households Sanitas is in daily use. We have, however, learnt that to be of value a disinfectant must not only be a deodorant but a germicide, and it is, therefore, important to know how our old favourite stands this test.

Recently, the Sanitas Company, Ltd., have requested Dr. John Thresh, D.Sc.(Lond.), D.P.H.(Camb.), a recognised authority on the subject of disinfection, to make an impartial examination of "Sanitas" preparations.

The appended experimental results show that:—

1. 20 per cent. solution of "Sanitas Fluid" kills the Typhoid bacillus in from 2½ to 5 minutes.
2. 40 per cent. solution of "Sanitas Fluid" kills the Diphtheria bacillus in 15 to 20 minutes.
3. The pure "Sanitas Fluid" kills the Diphtheria bacillus in less than 1 minute.
4. 50 per cent. "Sanitas Fluid" kills the Anthrax bacillus in 10 to 15 minutes.
5. The pure "Sanitas Fluid" kills the Anthrax bacillus in 2½ minutes or less.
6. "Sanitas Fluid," when used as a spray, killed the Typhoid bacillus, on a papered surface, in between 20 and 30 minutes.
7. 7½ per cent. "Sanitas Emulsion" kills the Typhoid bacillus in less than 2½ minutes.
8. 5 per cent. "Sanitas Emulsion" kills the Diphtheria bacillus in from 20 to 30 minutes, and a 10 per cent. solution in less than 2½ minutes.
9. 10 per cent. "Sanitas Emulsion" kills the Anthrax bacillus in less than 2½ minutes.

It may, therefore, be fairly assumed to fulfil the requirements of a modern germicide.

Not the least recommendation of Sanitas is that it is non-poisonous, and can even be used as an antiseptic mouth wash. Sanitas is also a most pleasant and refreshing deodorant in the sick room, and may be used with advantage throughout the period of convalescence. It is with good reason a prime favourite in many households.

Obiter Audita Malapropriana.

Ultra-violet rays. Congenial syphilis. Curious teeth. The Casuist (physician). Sarcasm of the brain. Fractured frivola. Mixed demeanours. Purple fever. Insomania. Ring pedestal. Ping-pong pupils.

So much for the patients, but clerks and dressers are responsible for the following:—

Octopedal blood-crystals. Affritus. Oil of Jupiter. Change-stroke breathing. The abscess was cleared out with a fork and spoon!—*St. Bartholomew's Hospital Journal.*

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